



1021 R STREET SACRAMENTO CA 95811 www.teacozy.biz 916.441.3546

WHITE TEA

White tea is comprised of delicate new buds that are hand-plucked, dried, sorted, and allowed to air dry. The taste is mild, slightly earthy and sweet.

Although there has been research regarding the health benefits of tea (white, green, oolong, black, puerh tea),

Tea Cozy does not make health care claims, nor do we make recommendations, diagnosis or take responsibility for contraindications with medications.

Please consult with your health care professional for any concerns about drinking tea.

Top Shelf Indulgence

Bai Mudan (White Peony) *China* \$15./oz

This top shelf tea consists of leaves and buds. The fresh leaves brew into a bright vegetal cup with hints of apple. We like preparing gongfu style to appreciate the leaves and the subtle nuances of each infusion.

Yin Zhen (Silver Needles) *org China* \$30 / oz

This fine and rare tea is produced by the 'Imperial' plucking method where only the top bud of the tea plant is plucked. Delicate tea with subtle flavor.

White Tea Cake *China* \$65./300 gm

A beautiful tea cake for the connoisseur. Full leaves and buds are clearly visible. We recommend brewing gongfu style, however can also be prepared western style using a heaping tablespoon for 8 oz. The tea has a comforting earthy taste that is pleasant on the palate. We recommend a puerh knife to break apart the tea.

White/Black Tea Cake *China* \$40./100 gm

combination brews into a flavorful cup with floral and floral notes. A tea to be steeped multiple times to appreciate all it has to offer. We recommend a puerh knife to break apart the tea.

Premium Choice

Pai Mu Tan (White Peony) *org China* \$9.20 / 2oz

A delicate, superb tea comprised of the top leaves and bud. The taste is light and flowery with a hint of earthiness. This brews darker than Bai Mudan.

FLAVORED WHITE/GREEN TEA

Divine Delights

Lychee Peach (flavored) \$7.50 / 2oz

A wonderful combination of subtle fruit flavors and healthy white and green teas.

Ingredients: Pai mu tan, green teas: darjeeling, China fog, sencha, lung ching, gunpowder, jasmine, jasmine jade pearls; candied mango bits, candied pineapple bits, candied papaya bits, flavoring; orange peels, strawberry bits, red currants, sour cherry bits, apricot bits

DISCONTINUED LIMITED INVENTORY:

Treasure Island (flavored) \$7.50 / 2oz

This treasure trove of teas features the vibrant notes of ripe strawberries and juicy pineapple.

Ingredients: Green tea China -Sencha, -Gunpowder, -Mini Tuo Tea, -Chun Mee, white tea, green tea Lung Ching, -Snow Bud, -Pi Lo Chun, candied pineapple pieces (pineapple, sugar)(6%), aroma, strawberry pieces (2%), sunflower blossoms

SCENTED GREEN TEA

Supreme Selection

Jasmine Dragon Phoenix Pearls *org China* \$8 / oz

Two leaves and a bud have undergone the Yin Hao process of jasmine scenting, and then rolled into a small 'pearl'. We encourage you to put the 5-10 tea pearls directly in your cup so that you can appreciate the tea leaves as they unfurl. This tea never gets bitter and happily takes more hot water when required. It is gentle, aromatic, beautifully cleansing and refreshing.

Seasonal Sensation

Sakura Sencha *Japan (out of stock)* \$12 / oz

Usher in Springtime with this seasonal favorite. Fresh vegetal green tea with subtle floral notes.

Ingredients: Green tea, preserved cherry blossom leaves (cherry blossom leaves, sugar), cherry blossom petals

Timeless Delights

Jasmine Yin Hao *org China* \$7.50 / 2oz

Jasmine petals are laid atop tea leaves until the tea master has determined the right scenting. A melodic coupling of fragrant petals and sweet tea

produces a cup that is a delight to the senses.

Ingredients: Green tea

DISCONTINUED LIMITED INVENTORY:

China Rose *org China* \$7.50 / 2oz

Chinese green tea combined with organic rose petals. Subtle aroma and flavor that is a delight to the senses.

Ingredients: Green tea, rose petals

org Organic

Ton Seller

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TeaCozy MENU

CLASSIC GREEN TEA

For those who appreciate the pure taste of fresh tea leaves You will find many different experiences from the different growing regions and ways of processing.

Typically you will want to steep green tea leaves in water that is 180°-190°F for 2-3 minutes.

CHINA GREEN TEA

Premium Choice

Lu An Guan Pian org China \$6.50 / oz

Beautiful melon shaped leaves yield a slightly smoky sweet tea with lots of aroma.

Timeless Classics

Gunpowder org China \$7.50 / 2oz

Tightly rolled pellets of tea explode into large banners of green. A full-bodied green tea with slight smokiness.

Dragon Well org China \$9.20 / 2oz

Classic pan-fried Chinese green tea. Also known as Long Jing, Lung Jing

JAPAN GREEN TEA

Top Shelf Indulgence

Gyokuro Japan \$12 / oz

Shade grown tea has a prevalent umami flavor. Rich, smooth, sweet. For those who enjoy Japanese green teas, this is not to be missed.

*Seasonal Limited Quantity

***Shincha** Japan \$10 / oz

Shincha, or "First Harvest," is a highly anticipated tea. Picked around the 88th day after spring, known as hachiju hachiya, this tea has spent the winter absorbing nutrients from the soil, resulting in a rich, umami flavor profile.

Supreme Selection

Sencha org Japan \$6.50 / oz

An award-winning tea from Shizuoka prefecture. This is a lightly steamed fine Japanese green tea that is vegetal and bright. A refreshing, healthy cup of tea

Kukicha org Japan \$8 / oz

Kukicha is made from twigs and stems of tea plant. This one is from finest grade gyokuro and sencha plants. refreshing and light. Light caffeine

Premium Choices

Gen Mai Cha org Japan \$9.20 / 2oz

Sencha tea leaves mixed with roasted rice makes a memorable and comforting cup.

Matcha infused Gen Mai Cha Japan \$9.20 / 2oz

Combination of steamed tea leaves, roasted rice, and matcha powder makes a tasty bright green cup



Hojicha Japan \$9.20 / 2oz

Bancha tea leaves which have been roasted. Brews into a golden-brown cup with a mellow nutty flavor. Great with most meals and lower in caffeine

Top Shelf Indulgence

Matcha Japan

A powdered green tea traditionally used in Japanese tea ceremony (Chanoyu). The powdered green tea is whisked in a bowl with hot water to produce a frothy cup.

Three grades available:



Traditional preparation of matcha is with a bowl (chawan), whisk (chasen), tea scoop (chashaku).

Premium Grade \$48 / oz tin

Extremely smooth and lush and mild sweetness. Suitable for tea ceremony or personal enjoyment.

Ceremonial Grade org \$32 / oz tin

Fine vibrant green with umami flavor. With the mild flavor, we recommend for tea ceremony or personal enjoyment.

Culinary Grade org \$26 / 100gm

This is a fine quality matcha that be prepared traditionally. The culinary grade does have a stronger taste which makes it more appropriate for smoothies, lattes, or cooking.

AFRICA GREEN TEA

Premium Choice

Purple Leaf Tea Kenya \$6.50 / oz

The broad leaves of this steamed green tea brew into a cup with a taste similar to oolong. Add a drop of lemon juice and the tea turns a pink hue.

Grown without pesticides.

INDIA GREEN TEA

Premium Choice

Green Darjeeling India \$9.20 / 2oz

A delicious fresh green tea direct from Glenburn tea estate in India. The muscatel taste comes through with refreshing green notes.



org Organic

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Green tea makes a nice base for adding fruit, flowers, and spices. The flavors are fresh and bright and the caffeine gives a nice lift.

Even those who do not like green tea will often enjoy one of these.

FLAVORED GREEN TEA

Top Shelf Indulgence

 **Yuzu Matcha Kukicha** org Japan \$10 / oz


Fresh, flavorful, vibrant. Healthy matcha powdered green tea, kukicha twig tea and yuzu lemon peels will lift your spirits.


Ingredients: Green tea, yuzu peels


Use 1 T per 12oz, 185F for 30 seconds.

Fruity Delights (Green)

 **Cherry Rose** org (flavored) \$7.50 / 2oz

 A blend of high-quality green tea with flavors of sweet cherry and morning rose.


 **Energy of Life** org (flavored) \$7.50 / 2oz

 When you need a little boost, this green tea with passion fruit, citrus and spices will be just the right cup!


Organic Ingredients: China green tea, cinnamon, orange peels, ginger pieces, natural flavor, cloves, cardamom, sunflower petals, black pepper


*Limited Time Offering

 **Fresh Citrus** org (flavored) \$7.50 / 2oz

 The taste of oranges adds extra vibrancy to the refreshing green tea


Organic Ingredients: Green tea, orange oil, orange peel all from organic cultivation

 **Happy Pineapple** org (flavored) \$7.50 / 2oz

 Fresh green tea leaves with wild pineapple and papaya will transport you to a happier place. Refreshing and delicious hot or cold. Previously known as "Fiji"

Organic Ingredients: China green tea, cornflower, papaya, papaya flavor (natural), pineapple, pineapple flavor (natural and artificial)

 **Green Powerfruit (flavored)** \$7.50 / 2oz

 Green tea with fresh tangy flavors of pomegranate, blueberries and goji berries. A favorite year round.

Ingredients: Green tea, goji berries, lemon grass, pomegranate arils, flavoring, cornflower blossoms


 **Green Earl Grey (flavored)** \$7.50 / 2oz

Fresh bergamot and lemon flavor make this a delightful afternoon tea.

Ingredients: Green tea, lemon peel, orange blossoms, natural flavoring

 **Tropical Paradise (flavored)** \$7.50 / 2oz


Guava and mango fruits are in the forefront of this green tea.

 Ingredients: Green tea, mango cubes, apple pieces apple cubes, flavor, freeze dried guava crunch (guava puree, apple puree concentrate, apple juice concentrate), mango flakes, beet root pieces, pink cornflower.

DECAF GREEN TEA

 **Decaf Green Tea** \$8.50 / 2oz

Healthy vegetal green without the caffeine

 **Decaf Jasmine Green (scented)** \$8.50 / 2oz

A wonderful decaffeinated with aromatic and flavorful jasmine

 **org Organic**

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OOLONG

Oolong teas are semi-oxidized. The flavors can range from green and floral to dark and mineral. Typically, they are made with broader tea leaves and are rolled or twisted to a desired shape.

An easy way to prepare oolong tea is to use about 1 teaspoon of tea per cup add hot water and steep 2-3 minutes.

The temperature depends on if the oolong is greener (180°F) or more oxidized (212°F).

Tea Cozy also sells gongfu teaware and guywans (gaiwans). For gongfu brewing instructions, please ask an associate.



Top Shelf Indulgence

Monkey Picked Oolong *China* \$12.75/ oz
a legendary tea that is often associated with high quality. According to the fable, the tea leaves were picked by monkeys trained by monks to reach the best leaves high on cliffs. This rolled tea is lightly oxidized and has creamy orchid floral notes.

Roasted Ti Kuan Yin *China* \$11/ oz
Rolled tea leaves are slowly finished using charcoal firing process. The taste brings back memories of nights by a cozy fire. These gloss tea leaves will easily hold up to multiple infusions.

Wu Yi Oolong *China* \$15 / oz
Long twisted leaves that have a lovely roasted mineral taste with a nice sweet clean finish. Stands up to multiple infusions.

Ya Shi Xiang *China* \$12 / oz
Ya Shi Xiang is a Dan Cong Oolong (meaning it comes from one bush) It has a floral fragrance, with sweet, mellow taste.

Supreme Selection

GABA Oolong *Taiwan* \$8 / oz
During what is traditionally an 'oxidation' process, the tea leaves are flushed with nitrogen which creates GABA (Gamma Aminobutyric Acid) in the tea leaves. A relaxing cup with notes of caramel, raisin. Each steeping reveals different notes.

Milk Oolong *Taiwan* \$6.50/ oz
This tea has a creamy aroma and taste that occurs naturally from within the leaf. It takes careful watching in the oxidation process.

Paoli Tung Ting *Taiwan* \$6.50/ oz
Rolled curled leaves with a fuller oxidation level have a nutty, roasted taste and light peach notes. Steep multiple times to experience all this tea has to offer.

Spring Jade Oolong 2024 *Taiwan* \$6.50 / oz
From early 2024. Lightly oxidized rolled ball style leaf has floral components with green freshness. The rolled ball style leaf gives a new experience with each infusion.

Premium Choice

Ti Kuan Yin *org China* \$9.20 / 2oz
Rich full flavor with a deep roasted liquor with hints of peach. These leaves are tightly balled and offer many infusions.

Tung Ting Supreme *Taiwan* \$9.20 / 2oz
This tea has a light to medium oxidation level that yields a greener oolong. The large leaf should be infused many times to experience the full range of flavor.

White Tip Oolong *Taiwan* \$9.20 / 2oz
A semi oxidized tea that yields a mellow cup with nutty notes and a hint of peach.

Supreme Selection

Ginseng Oolong *China* \$6.50 / oz
Ginseng root combines with the oolong's green notes and sweet licorice aftertaste in a comforting way. We recommend steeping this tea multiple times.

Milky Oolong *China* \$8.00 / oz
Ginseng root combines with the oolong's green notes and sweet licorice aftertaste in a comforting way. We recommend steeping this tea multiple times.

Sticky Rice Oolong *org Thailand* \$10 / oz
High-quality organic tea leaves are infused with steamed rice. The resulting tea leaf is full of glutinous rice flavor and aroma. Organic Ingredients: Half-fermented tea, Nuo Mi Chiang leaves

Premium Choice

Watermelon Oolong (flavored) \$9.20 / 2oz
The aroma of watermelon permeates this rolled oolong tea from China. Ingredients: Oolong tea, papaya pieces, plum + safflower petals, natural flavors. (Organic Compliant)

Peach Oolong (flavored) \$9.20 / 2oz
The combination of rolled oolong leaves and peach flavor. Ingredients: Oolong tea, peach flavor

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Pu-erh (Puer, Puerh, Bonay, Bolay) is harvested from old-growth trees from Southern China. When aged, Pu-erh develops complexity and texture. Puerh can be raw (sheng) or ripe/cooked (shou). Shou puerh mimic the taste of a sheng puerh that has been aged. Puerh is often pressed into cakes. This was started a long time ago to make it easy to transport teas. Tea cakes were once used as a form of currency.

Rare / Exceptional


 **Shou Puerh Cake** org China \$.65 / 100 gm


This tea from 2012 has a deep color with notes of rice and bamboo. This small cake can be saved and allowed to continue to age.


It is beneficial to have a puerh knife to make cutting into the brick easier.
For gongfu, we recommend 5-7 gm per 100 ml. 200°F

Premium Choice

 **Puerh Mini Tuo Cha** org China \$9.20/ 2oz

 Earthy and distinct aroma and taste. This tea has gone through a second oxidation process. The individually wrapped tea “bowls” can make a small pot of tea or a single cup, which can be steeped repeatedly.

 **Golden Tip Puerh** org China \$.9.20/2oz

 A satisfying full-body cup of tea with earthy taste and notes of mushroom

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BLACK TEA

Black tea leaves are fully oxidized and have a bolder and stronger taste than white, green, or oolong teas. The flavor will vary depending upon where the tea is grown, the varietal and how the leaves are processed.


Typically, to fully release the flavor of black teas, we recommend using boiling water and steep the tea leaves 4-5 minutes.

For delicate black teas (like Darjeeling and wakoucha) we recommend cooler water (approx. 180°-190°F) to preserve the subtle qualities of the tea.

Top Shelf Indulgence


 **Golden Monkey** *China* \$10.00/oz
Clean, bright and refreshing. This tea is full of the muscatel flavor in a satisfying medium body cup. This is one of our distinctive teas and you can certainly taste the quality. From Sungma Estate, 2nd flush FTGFOP.


Supreme Selections

 **Darjeeling** *org Sungma Estate India* \$6.50/oz
Clean, bright and refreshing. This tea is full of the muscatel flavor in a satisfying medium body cup. This is one of our distinctive teas and you can certainly taste the quality. From Sungma Estate, 2nd flush FTGFOP.


Wakoucha *org Japan* \$6.50/oz
Mild malty flavor with honey and stone fruit notes. This unique tea from Japan goes through a maturation time of over a year to remove bitterness and mellow the flavor. If you are black tea lover, this should be tried.


Premium Choice


 **Darjeeling Margaret's Hope Estate** *India* \$9.20 / 2oz
A heavenly cup of tea with a distinct muscatel flavor and aroma. This second flush tea is picked in the spring (the second picking of the season). A clean fresh cup that is wonderful in the afternoon. FTGFOP


 **Tea Cozy Blend** \$9.20 / 2oz
A hearty blend of Chinese and Indian teas with a touch of smoke and Earl Grey. Blended in house.


Timeless Delights


 **English Breakfast** *China* \$7.50 / 2oz
Chinese black tea, Keemun, has a beautiful bouquet and full-bodied flavor.


 **Highland Breakfast** *India/Kenya* \$7.50 / 2oz
One of our stronger breakfast teas. This new tea has become a favorite.


 **Irish Breakfast** *India* \$7.50 / 2oz
Hearty Indian black teas that is smooth and strong to start your morning off right.


 **Scottish Breakfast** *India/Kenya* \$7.50 / 2oz
Excellent aromatic black tea that will kick start your morning or anytime you need an extra boost.


 **Signature Breakfast Blend** *India* \$7 / 2oz
Delightful tea that brings together fragrant Darjeeling from Glenburn Estate with a full-bodied Assam to make a flavorful and aromatic breakfast cup.


 **Assam CTC, Khongea Estate** *India* \$7.50 / 2oz
Cut-tear-curl tea brews into a full-bodied hearty black tea. This and the Kenyan black tea are recommended for those desiring a more intense flavor.


 **Assam** *org India* \$7.50 / 2oz
Malty black tea that is smooth and delicious. Delightful on its own but can hold up to milk.


 **Ceylon** *org Sri Lanka* \$7.50 / 2oz
Deep chestnut hued leaves steep to a bright copper-colored cup. Distinct citrus notes, medium body & clean, brisk character are hallmarks of this highly valued black tea.

 **Darjeeling Seeyok Estate** *org India* \$7.50 / 2oz
Known as the champagne of teas due to the complexity of its flavors. Darjeeling has a muscatel (blackcurrant) type flavor, which is inherent in teas from this region. This Darjeeling is an autumnal flush from one of the first biodynamic tea farms, Makaibari Estate. In comparison to other Darjeeling teas, this has a slight roasted flavor.

 **Keemun Mao Feng** *China* \$7.50 / 2oz
Medium bodied black tea with a pleasant floral bouquet.

 **Kenyan Black** *Kenya* \$7.50 / 2oz
For those desiring a robust black tea, this is it. Malty taste and full body.

 **Nilgiri** *India* \$7.50 / 2oz
A charming Indian black tea with a nice body and slight fruity aspect. Lovely with or without milk.

 **Yunnan** *org China* \$7.50 / 2oz
Referred to as the 'mocha of teas'. This tea is rich and smooth. A satisfying cuppa.

org Organic

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 **Top Seller**

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FLAVORED BLACK TEA


Timeless Delights

 **Buckingham Palace Garden Party (flavored)** \$7.50 / 2oz

 Earl Grey black tea combined with jasmine scented green tea lightens up this classic.

Ingredients: Black tea, green tea, cornflower + jasmine petals, natural flavors.

 **Earl Grey org (flavored) — India** \$7.50 / 2oz

 One of our top selling teas. A nice heady blend of fair-trade black tea and bergamot.


Ingredients: Black tea, bergamot

 **Earl Grey Cream (flavored)** \$7.50 / 2oz

 Earl Grey with a creamy sweetness and added flavors

Ingredients: Black tea, flavoring

Lapsang Souchong China \$7.50 / 2oz

 Unforgettable smoky flavor and aroma. Large leaves are smoked slowly over exotic woods to obtain its distinctive flavor. Ours is a fine quality with nice body.

Rose Black org (scented) \$7.50 / 2oz

 The rose scenting adds a nice nuance to the rich black tea.

Ingredients: Black tea (China), Rose petals

Fruity Delights (Black)

 **Apricot (flavored)** \$7.50 / 2oz

Apricot aroma and flavor will make you say, "Aah". Popular hot and cold.

Nicely blended black tea with apricot flavor.

 **Blackcurrant (flavored)** \$7.50 / 2oz

Blackcurrant flavor harmoniously blends with the black tea creating a lightly floral cup. Black currant flavored black tea.

 **Black Lychee Congou** \$7.50 / 2oz

black tea infused with delicate lychee fruit

 **Blood Orange (flavored)** \$7.50 / 2oz

Fresh orange flavor in a vibrant black tea.

Ingredients: Ceylon tea, orange pieces, blackberry leaves, safflower petals, natural flavors

 **Cinnamon Orange Spice (flavored)** \$7.50 / 2oz

 Cinnamon, clove, and orange flavor go so well with black tea.

This is a popular tea all year round.

Ingredients: Ceylon tea, cinnamon, orange pieces, lime & blackberry leaves, clove, natural flavors.


Fruity Delights (Black)

 **Icewine (flavored)** \$7.50 / 2oz

Delightful notes of pears, grapes and berries in a blend of black and white teas. The ice wine grapes are harvested when frozen on the vine.

Ingredients: Black tea, white tea, currants, natural flavors (Organic Compliant), Ontario Ice wine.

 **Mango org (flavored)** \$7.50 / 2oz

 Tropical mango fruit harmoniously blends with black tea.

Popular year round.

Ingredients: Indian black teas, calendula petals, natural mango flavor

 **Monk's Blend (flavored)** \$7.50 / 2oz

Slightly sweet and fruity with vanilla and grenadine flavor

Ingredients: Black tea, calendula/marigold/sunflower petals, natural flavors (organic compliant)

DISCONTINUED LIMITED INVENTORY:

Morning Sunshine (flavored) \$7.50 / 2oz

Delightful tea that blends hints of sunny citrus and papaya notes. Mild and sweet like a sunny morning.


Ingredients: Black tea, papaya pieces, calendula + jasmine + sunflower petals, natural flavors

DISCONTINUED LIMITED INVENTORY:


Passionfruit Organic \$7.50 / 2oz

Fruity and tropical blend that melds nicely with the black tea.

Nice hot or cold.

 Ingredients: Black tea, marigold petals, natural passionfruit flavor


 **Peach (flavored)** \$7.50 / 2oz

 Luscious speach flavor that melds nicely with the black tea.


Nice hot or cold.

Ingredients: Black tea, flavor, rose petals, peach pieces (peach, rice flour)

Raspberry (flavored) \$7.50 / 2oz

 Black tea with raspberry flavoring and raspberry pieces and additional flavors.

Wild Strawberry (flavored) \$7.50 / 2oz

 Delicious fresh strawberry flavor in black tea.

Delicious iced tea as well as hot.

ingredients: Black Tea from Sri Lanka blended with papaya + strawberry pieces, blackberry leaves, and natural flavors (organic compliant).

org Organic

 **Top Seller**

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TeaCozy MENU

FLAVORED BLACK TEA

Another popular category of black teas!

Nice with Spice

Cinnamon Fireball (flavored) \$7.50 / 2oz



Extra spicy cinnamon in a nice rich black tea.

Ingredients: Black tea, flavoring, cinnamon, orange peel, cloves.



Cinnamon Orange Spice (flavored) \$7.50 / 2oz

Cinnamon, clove, and orange flavor go so well with black tea.

This is a popular tea all year round.

Ingredients: Ceylon tea, cinnamon, orange pieces, lime & blackberry leaves, clove, natural flavors.



Black Pepper Chai org \$7.50 / 2oz

An award-winning chai recipe designed to complement milk or can be enjoyed on its own.

Ingredients: Assam black tea, cardamom, cinnamon, cloves, ginger, and black pepper.



Premium Masala Chai org \$7.50 / 2oz

Organic Assam and Ceylon teas with cinnamon, cloves and ginger. Delicious and perfect for those who want a little less spice.

Dessert-like Delights (Black)

DISCONTINUED LIMITED INVENTORY:

Almond Coconut (flavored) \$7.50 / 2oz

Delightfully smooth sweet blend.

Ingredients: Black tea, coconut rasps, almond flakes, flavored

Crème Brulee (flavored) \$7.50 / 2oz

Rich black tea with the decadent taste of sweet butter and caramelized sugar

Ingredients: Black teas, crème brulee flavoring, and marigold petals

French Vanilla (flavored) \$7.50 / 2oz

French vanilla in a Vietnamese black tea, with vanilla beans and (artificial) vanilla flavor.



Irish Whiskey Cream (flavored) \$7.50 / 2oz

For those who think they don't like tea, they might just like this one! Chocolatey richness and an aroma of Irish whiskey!

Ingredients: Indian black tea with cocoa bits and flavor.



Rendezvous (flavored) \$7.50 / 2oz

A tea you will want to meet again and again. A wonderful blend of Earl Grey with just the right amount of vanilla and Swfruit.

Ingredients: Black tea, oolong tea, black currant flavor, vanilla flavor, bergamot oil, caramel flavor

org Organic



Top Seller

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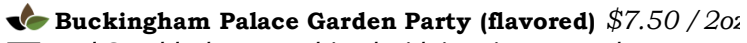
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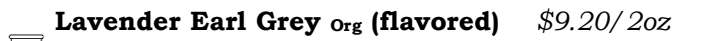
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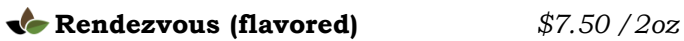
EARL GREY TEAS


 One of our top selling teas. A nice heady blend of fair-trade black tea and bergamot.
Ingredients: Black tea, bergamot

 Earl Grey with a creamy sweetness and added flavors
Ingredients: Black tea, flavoring


 Earl Grey black tea combined with jasmine scented green tea lightens up this classic.
Ingredients: Black tea, green tea, cornflower + jasmine petals, natural flavors.


 Organic Earl Grey mixed with fragrant and relaxing organic lavender buds.
Ingredients: Black tea with bergamot, lavender

 Earl Grey with vanilla and blackcurrant.


 A wonderful Earl Grey in a green tea base.
Ingredients: green tea, lemon peel, orange blossoms, natural flavoring type bergamot.


 Decaffeinated Earl Grey

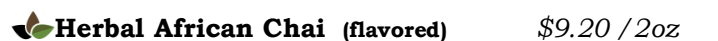
 Decaffeinated Earl Grey

 Hint of Earl Grey in a slightly smoky blend of Indian and Chinese black teas.


CHAI TEAS


 Award-winning chai recipe designed to complement milk or can be enjoyed on its own.
Ingredients: Assam black tea, cardamom, cinnamon, cloves, ginger, and black pepper.


 Organic Assam and Ceylon teas with cinnamon, cloves and ginger. Delicious and perfect for those who want a little less spice.


 A hearty cup full of spice in naturally caffeine-free Rooibos.
Ingredients: Organic Rooibos, organic cinnamon pieces, organic anise seed, organic cloves, natural spice flavor and organic cardamom pods.

DARJEELINGS

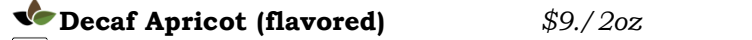
 Known as the champagne of teas due to the complexity of its flavors. Darjeeling has a muscatel (blackcurrant) type flavor, which is inherent in teas from this region. This Darjeeling is an autumnal flush from one of the first biodynamic tea farms, Makaibari Estate. In comparison to other Darjeeling teas, this has a slight roasted flavor.


 A heavenly cup of tea with a distinct muscatel second flush tea from Margaret's Hope Estate is picked in the spring (the second picking of the season). A clean fresh cup that is wonderful in the afternoon. flavor and aroma. This

 A delicious fresh green tea direct from Glenburn tea estate in India. The muscatel taste comes through with refreshing green notes.


 Clean, bright and refreshing. This tea is full of the muscatel flavor in a satisfying medium body cup. This is one of our distinctive teas and you can certainly taste the quality. From Sungma Estate, 2nd flush.


DECAFFEINATED TEAS


 A popular decaffeinated tea with pronounced apricot flavor.

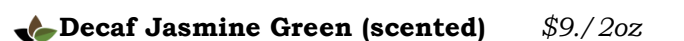
 Kenyan decaffeinated black tea.

 Sweet cinnamon taste similar to red hot candy

 A finely cut decaffeinated black tea with aromatic citric bergamot.

 One of our top selling decaffeinated teas.

 Healthy vegetal green without the caffeine

 A wonderful decaffeinated with aromatic and flavorful jasmine.

 Raspberry flavor and aromas uplift spirits and tastebuds.



Prices are subject to change



Available as tea to go



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HERBALS AND TISANES

Herbal 'teas' or 'tisanes' (tə'zans) are technically not 'teas' because they do not have leaves from the camellia sinensis plant. These herbs, however, can be steeped in water to make an enjoyable drink. Most of our herbals are naturally caffeine-free making them popular for those who want to avoid caffeine.

Although many herbs have medicinal properties, Tea Cozy does not make health benefit claims or diagnose medical conditions. Please consult your physician or medical professional for information about teas and herbs and combining teas and herbs with medications. We are not responsible for teas and herbs purchased and how they are used.

CAFFEINATED HERBAL

Most herbs do not contain caffeine. However, these two South American herbs, Guayusa and Yerba Mate, are an exception.

Timeless Delight

Yerba Mate Organic —Argentina \$7.50 / 2oz



Yerba Mate is renowned to provide energy without giving the jitters. The taste is astringent which some find refreshing. Yerba mate is also anti-inflammatory.

Premium Choice

Ecuador Amor -Ecuador \$9.20 / 2oz



Guayusa herb is mixed with cacao shells and cocoa nibs. No flavoring or sweeteners are added. Wonderful dark chocolate flavor that has a clean aftertaste. Sourced from small farms.

CHAMOMILE BLENDS

Timeless Delights \$7.50 / 2 oz



Chamomile Organic \$7.50 / 2oz

One sip of this organic chamomile and your body will say, 'Aah'. Chamomile is renowned for helping with insomnia and relaxation. Our chamomile is a high quality organic Egyptian chamomile. Not recommended for children under 2.

Eve's Reprieve Organic \$7.50 / 2oz



Relaxing and refreshing with a hint of sweet from the licorice root. Raspberry leaf is historically used as a uterine tonic and to help with cramps, childbirth, PMS, and menopause. Ingredients: Chamomile, licorice root, raspberry leaf, lemongrass, nettle leaf, peppermint



Mint Chamomile blend \$7.50 / 2oz

Non-flavored herbal blend to help relax the digestive system. Cooling and calming. Ingredients: Chamomile blossoms, peppermint leaves



Sereni-tea Organic \$7.50 / 2oz

Egyptian chamomile and lavender blossoms soothe the mind, soul, and body. Ingredients: Chamomile, lavender

MINT BLENDS

Timeless Minty Delights \$7.50 / 2oz



Peppermint Organic \$7.50 / 2oz

Organic peppermint au natural. No caffeine but the mint aroma may revive you. Traditionally peppermint has been used to alleviate headaches, soothe coughs, and as a digestive aid.



Spearmint Organic \$7.50 / 2oz

Spearmint refreshes with its menthol component. It has been known to be beneficial for headaches, digestive issues and for calming nerves.



Clar-i-Tea \$7.50 / 2oz

Get an extra boost of clarity with this minty blend with eucalyptus, licorice root and rose petals. Grounding and invigorating at the same time!
Ingredients: Peppermint, rosemary, eucalyptus, sweet blackberry leaves, licorice root, pink rose buds, yellow rose buds, rose petals
Warning: in case of highblood pressure, excessive consumption should be avoided.



Eve's Reprieve Organic \$7.50 / 2oz

Relaxing and refreshing. Chamomile is sweetened with licorice root and brightened with lemongrass and peppermint. Raspberry leaf is historically used as a uterine tonic and to help with cramps, childbirth, PMS, and menopause. Ingredients: Chamomile, licorice root, raspberry leaf, lemon grass, nettle leaf, peppermint

org Organic



Ton Seller

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WELLNESS BLENDS

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Fine
 **Tranquil-i-Tea** \$7.50 / 2oz

Select traditionally herbs to relax mind and body.

Ingredients: Valerian root, passionflower, lemon balm leaves, peppermint leaves, fennel, caraway, aniseed, rose hip peels, rosemary leaves, marigold

 **Vital-i-Tea Turmeric Blend** \$7.50 / 2oz

This warming blend of spices invigorates the body by improving circulation.

Ingredients: Ginger pieces, coriander, cardamom, turmeric root, cloves, nutmeg.

Superior \$9.20/ 2 oz**Detox** \$7.50 / 2oz

Dandelion and burdock are historically known as blood purifiers. This blend is comforting, warming and grounding.

Ingredients: org cinnamon pcs, dandelion root, burdock root, org ginger root, fennel seed, org licorice root, org juniper berries, org blk peppercorn, orange peel, org cloves, org cardamom pods, pau d'arco, uva ursi, horsetail parsley

TURMERIC BLENDS

Fine \$7.50/ 2oz
 **Vital-i-Tea Turmeric Blend** \$7.50/ 2oz

This warming zingy blend of spices invigorates the body. Ginger and turmeric also have been known to help with inflammation and circulation.

Ingredients: Ginger pieces, coriander, cardamom, turmeric root, cloves, nutmeg.

Limited Quantity:


Turmeric Sunrise \$7.50/ 2oz

Peach flavored turmeric blend

Ingredients: All organic:Diced apple, peaches cut/sift, rose hips c/s, turmeric, rooibos, chamomile, lemon myrtle, peach flavor, passionfruit flavor.

HIBISCUS BLENDS

Hibiscus petals brew into a beautiful pink hue with a refreshing tangy astringency. It's high in vitamin C and has an astringency that makes it refreshing, especially as an iced tea.

Timeless Delights \$7.50/ 2oz
 **Crimson Beauty (flavored)** \$7.50 / 2oz

Delightful fruity tea with caramel smooth finish.

Ingredients: Apple, rose hip, orange pieces, hibiscus, cornflower petals and natural flavors

 **Apple Mango Hibiscus Organic (flavored)** \$7.50 / 2oz

Organic components of apple, mango, hibiscus, rose hips


make a delicious fruity tea reminiscent of cranberries.

Ingredients: Apple (Organic), Apple Flavor (Natural), Hibiscus (Organic), Mango (Organic), Mango Flavor (Natural), Rose Hips (Organic)

 **Fruition Organic (flavored)** \$7.50 / 2oz

Strawberry and hibiscus form the base of this sweet and tart blend.

Ingredients: Apple, hibiscus, rosehips, strawberry, strawberry flavor

 **Hibiscus Organic** \$7.50 / 2oz

Refreshingly tangy with beautiful pink hue.

 **Elderberry Elixir (flavored)** \$7.50 / 2oz

Sultry red brew that is as rich as velvet. Elderberry's purported health benefits include immune booster, laxative, help with nerve pain.

Ingredients: Elderberry+Raisin pieces, Hibiscus petals, natural flavors

org **Organic**

Top Seller

Available as tea to go

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ROOIBOS BLENDS

Rooibos is an herbal tea from South Africa. Many enjoy as a substitute for black tea as it has a similar body and can be drunk with milk. The taste is woody with light vanilla and mint notes. It is naturally caffeine free. Although there are claims Rooibos has been found to be beneficial for irritable bowel syndrome, allergies, headaches and insomnia, we do not make recommendations. Please check with your physician or medical professional.

Fine \$7.50 / 2oz**Rooibos Organic**

\$7.50/ 2oz



Simply Rooibos. A naturally caffeine-free alternative to black tea. Can be enjoyed any time of day.

Fresh Fresa (flavored)

\$7.50/ 2oz



Fresh strawberry taste with hints of rose. Refreshing hot or iced.

Ingredients: Rooibos, Rose petals, Strawberry + Blackberry leaves, Strawberry pieces, Safflower petals, Natural flavors (Organic Compliant).

Just Peachy (flavored)

\$7.50/ 2oz



Peach and Rooibos is delicious hot or cold.

Ingredients: Rooibos with added peach flavoring.

Orange Crème (flavored)

\$7.50/ 2oz



Vanilla flavor melds with sweet orange to create a 'creamsicle' flavor

Ingredients: Cornflower, Lemon Balm (Organic), Licorice Root (Organic), Orange Oil Flavor (Natural), Rooibos (Organic), Sunflower (Organic), Vanilla Flavor (Natural)

Spiced Apple Cider (flavored)

\$7.50/ 2oz



Lightly spiced blend of apple, pineapple, papaya makes a cup that can be enjoyed hot or iced. Roses add a lovely floral finish.

Ingredients: Rooibos, candied pineapple pieces (pineapple, sugar), candied papaya pieces (papaya, sugar), apple pieces, orange peels, flavor, cinnamon, rose buds, rose petals

Vanilla Lemongrass (flavored)

\$7.50/ 2oz



A harmonious blend of caffeine-free herbs. Sweet vanilla and lemongrass make a pleasing cup at any time of day.

Ingredients: Apple, orange and vanilla bits, green rooibos, lemongrass, vervain, and natural flavoring.

Superior \$9.20 / 2 oz**African Chai Organic (flavored)**

\$9.20/ 2oz

A hearty cup full of spice and no caffeine makes it extra nice! A great cup for cold wintry nights and as an iced tea in the summer!

Rooibos is naturally caffeine free and beneficial for insomnia. Ingredients: Organic Rooibos, organic cinnamon pieces, organic anise seeds, organic cloves, natural spice flavor and organic cardamom pods.

**Lemon Ginger Rooibos Organic**

\$9.20/ 2oz

Flavorful blend of refreshing lemon with warming ginger. Ingredients: Rooibos, lemon peel, ginger root pieces, and natural lemon oil.

HERBAL COMPONENTS

Butterfly Blue Pea**Rose Petals and Rose Buds Organic** *Premium**Lavender Organic** *Superior**Mallow Flower** *Superior**Lemon Peel Granules** *Superior**Orange Peel Granules** *Superior**Lemongrass** *Superior**Licorice Root Organic** *Superior**Nettle** *Superior**Ginger Root** *Superior**org Organic****Top Seller****Available as tea to go**

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TeaCozy MENU

Fond Farewells

We bid a fond farewell to the teas on this list. Some are teas that made a seasonal appearance and will be back again but some are just discontinued.

Treasure Island (flavored) \$7.50 / 2oz

This treasure trove of teas features the vibrant notes of ripe strawberries and juicy pineapple.

Ingredients: Green tea China -Sencha, -Gunpowder, -Mini Tuo Tea, -Chun Mee, white tea, green tea Lung Ching, -Snow Bud,- Pi Lo Chun, candied pineapple pieces (pineapple, sugar)(6%), aroma, strawberry pieces (2%), sunflower blossoms

China Rose org China \$7.50 / 2oz

Chinese green tea combined with organic rose petals. Subtle aroma and flavor that is a delight to the senses.

Ingredients: Green tea, rose petals

Fresh Citrus org (flavored) \$7.50 / 2oz

The taste of oranges adds extra vibrancy to the refreshing green tea

Organic Ingredients: Green tea, orange oil, orange peel all from organic cultivation

Shincha Japan \$10 / oz

Shincha, or "First Harvest," is a highly anticipated tea. Picked around the 88th day after spring, known as hachiju hachiya, this tea has spent the winter absorbing nutrients from the soil, resulting in a rich, umami flavor profile.

Sakura Sencha Japan (out of stock) \$12 / oz

Usher in Springtime with this seasonal favorite. Fresh vegetal green tea with subtle floral notes.

Ingredients: Green tea, preserved cherry blossom leaves (cherry blossom leaves, sugar), cherry blossom petals

Almond Coconut (flavored black) \$7.50 / 2oz

Delightfully smooth sweet blend.

Ingredients: Black tea, coconut rasps, almond flakes, flavored

Morning Sunshine (flavored black) \$7.50 / 2oz

Delightful tea that blends hints of sunny citrus and papaya notes. Mild and sweet like a sunny morning.

Ingredients: Black tea, papaya pieces, calendula + jasmine + sunflower petals, natural flavors

Passionfruit Org (flavored black) \$7.50 / 2oz

Fruity and tropical blend that melds nicely with the black tea. Nice hot or cold.

Ingredients: Black tea, marigold petals, natural passionfruit flavor

org Organic



Ton Seller

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